

Options Gender equality and social inclusion (GESI): lessons from Nepal

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Why is GESI important?

- The global stage is set to Leave No One Behind but what does that mean for the health system and how do we do it?
- Turning international commitments into reality requires a systematic and long-term commitment.
- Much can be learned from Nepal.

Political conditions for change...

- Armed conflict and massive political change over 20 years.
- Interim Constitution (2007) provided fundamental rights, elimination of discrimination and affirmative action for socially excluded groups.
- Free basic health care became a right.
- Evidence on the depth of disparity in development.

...led to supportive health policy

- Health Sector Gender Equality and Social Inclusion Strategy (2010).
- Inclusion of GESI objectives into national sector programme (2010-2015).
- Equity at the core of Health Sector Strategy (2015-2020).

Caste, ethnicity, religion-based		Gender-based
	Exclu	usion
Location-based		Poverty-based

Integrating GESI into the health system: experience and learning

A. GESI into health systems

Policy

 GESI integrated into new policies and strategies across the sector, linkages forged with allied ministries.

What we learned

- Strong policy mandate is essential to give direction to the process and to hold staff accountable.
- Government ownership and leadership of GESI is key. High management turnover means technical assistance plays a key role in building and feeding the interest of new decision-makers.
- In environments with strong GESI policy mandates, GESI objectives can be a stimulus for broader reforms.
- A common understanding of GESI needs to be nurtured to forge consensus on a coherent pathway and results.

Institutional structure for GESI

 GESI institutional structure of policy level and management committees created from Ministry down to district level.

What we learned

- Institutional structure for GESI needs to be sector wide.
- Organisational leadership on GESI has to be strategically located and may need to change as the conditions evolve.
- Activating GESI structures without incentives and in a climate of inertia where there is little motivation to change is challenging.
- Resources and authority are necessary for them to be functional.



Planning and budgeting

 GESI operational guidelines developed and GESI integrated into business plans and annual planning and budgeting.

What we learned

- Entry points for integrating GESI into planning and budgeting are fluid and unpredictable. Seize and build on them as they emerge.
- Ensuring resources for addressing GESI issues is very challenging.
- Centralised systems inhibit responsiveness to local exclusion.

Evidence

- Evidence generated on health inequity and the barriers to access.
- GESI disaggregated data included in HMIS and results frameworks.

What we learned

- Evidence to monitor disparities has to be authentic and accepted by government to have influence.
- Disaggregation is complex and requires political commitment and adequate resources and skills for it to be well used.

Capacity building

 Capacity building through sensitisation, training and coaching tailored to people's scope of work.

What we learned

- Influencing the attitudes that underpin social exclusion and gender discrimination requires creative training and broader political and social change. It takes time to affect male and high caste dominated institutions.
- Innovative decentralised and sustainable approaches to capacity building and integrating GESI into health worker training is critical.

B.GESI into programmes and service delivery **Reaching underserved and excluded populations**

• Initiatives to enhance access to MNCH services in remote mountain areas where outcomes are the worst in the country.

What we learned

- Context specific and bottom up approaches conducive to GESI are at odds with the top down systems and organisational culture.
- Targeted approaches to reach excluded groups are easier to progress than reforming existing programmes and services.

GESI service innovations

• GESI focused innovations including services for GBV survivors, targeted hospital subsidies to the most vulnerable, and social audit.

What we learned

- GESI innovations provide narrative and visibility to maintain momentum and a spotlight on GESIs.
- Technical assistance can incubate government led innovations that may not survive in a hostile, risk averse environment.



Learning for technical assistance

How technical assistance can enable the change process:

- Demystify and explain GESI concepts in simple language.
- Ensure government leads change processes at every level and build the capacity of the government to lead.
- Nurture government leadership through participation in all processes and by being responsive to their priorities.
- Be flexible and strategically positioned.
- Influencing needs to be highly skilled, honest not manipulative, without a hidden or personal agenda.
- Networks and resources need to be leveraged.
- Nurture informal relationships to build trust.
- Balance process facilitation with content-related outputs to maintain visibility and mobilise the widest support.
- Set a long term change horizon.

Further Information

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