

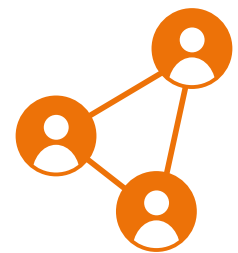
# Programme Achievements

## 2020–2022

**Supported the Mental Health Authority (MHA) to establish Mental Health Review Tribunal and Regional Mental Health Visiting Committees** across five pilot regions (Ashanti, Central, Greater Accra, Upper East and Western). Review Tribunal and Visiting Committee members were appointed, inaugurated, and trained to undertake their duties.



**Supported the Ministry of Gender, Children, and Social Protection (MoGCSP) to bring together key stakeholders, including people with disabilities and mental health conditions, to develop a concrete roadmap for the implementation of the 2022 Global Disability Summit disability commitments made by Ghana.** MoGCSP's ongoing stewardship has led to over 80 Metropolitan, Municipal and District Assemblies having captured and reflected the actions into their annual workplans and budgets by the end of 2022.



Ghana Somubi Dwumadie directly reached

# 86,250 people

with activities that engage, empower, and improve the wellbeing, social and economic outcomes, and rights of people with disabilities and mental health conditions in Ghana between 2020 and 2022.



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

**Facilitated the implementation of district mental health care plans** in Asunafo North, Bongo, and Anloga districts as part of the strategy to improve access to mental healthcare services in Ghana and provide evidence for scale up. Training of 84 participants from 15 health facilities and 87 Community Health Volunteers to support detection and management of mental health conditions increased the knowledge and confidence of healthcare workers.



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**Conducted, published and disseminated a number of important studies** that contribute to the evidence base and inform policy and practice on the effectiveness of disability and mental health programmes and interventions.



-  'Mental health and disability research priorities and capacity needs in Ghana: findings from a rapid review and research priority ranking survey' was published in the Global Health Action Journal, [here](#). A policy brief was also developed [here](#).
-  An investment case for mental health, available [here](#), has been widely used by MHA and other government stakeholders, and by civil society organisations for information and advocacy purposes, as well as being cited by the media.
-  'Prevalence of Depression, Quality of Life and Gender Dynamics of Women Accused of Witchcraft in Northern and North East Regions of Ghana' by grantee, Songtaba was published in Health and Social Care in the Community [here](#). A policy brief is available [here](#).
-  'Addressing Mental Health Needs of the Deaf People: The Need For Inclusive Mental Health Policy' by grantee, Ghana National Association of the Deaf. A policy brief is available [here](#) and a paper is expected to be published soon.
-  Research and study summaries, as well as learning products and toolkits are available on our website [ghanasomubi.com/resources](https://ghanasomubi.com/resources)

### **Expected publications in 2023**

- 'Mental Health and Disability Research in Ghana - Rapid Review'
- 'Towards Implementation of Context-Specific Integrated District Mental Healthcare Plans: A Situation Analysis of Mental Health Services in Five Districts in Ghana'
- 'Prevalence of Probable Mental, Neurological, and Substance Use Conditions and Case Detection at Primary Health Care Facilities Across Three Districts in Ghana: Findings From A Cross-Sectional Health Facility Survey'

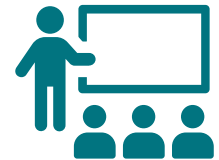
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**Provided an evidence-based and user-led review** of the District Assembly Common Fund (DACF) Disability Fund Disbursement and Management Guidelines, leading to a revision of the guidelines under the ownership of MoGCSP. The programme has sensitised hundreds of people with disabilities, including people with mental health conditions, on the contents of the new DACF guidelines.



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**Supported 271 self-help groups to re-open and operate safely** during the COVID-19 pandemic and then worked closely with 32 Self-Help Groups (SHGs), whose membership consists of 60% women. We trained them in rights-based advocacy, facilitation and leadership skills, record-keeping, safeguarding, and COVID-19 protocols. This enables SHGs to run safely, as well as strengthening their ability to engage with local government.



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**Awarded 20 grants** over three grants rounds.



In 2020, seven grants were awarded under a fast-track **COVID-19 Psychosocial Resilience** grant call for small grants up to GHS 200,000 each for 12 months. The COVID-19 grants reached 16,052 people through activities such as provision of Easy Read COVID-19 guides and psychosocial support for people with disabilities, including people with mental health conditions, COVID-19 survivors and healthcare workers.



In 2021, nine **Evidence and Effectiveness** small (12 month) and large (33 month) grants were awarded. Five grantees focused on reducing **stigma and discrimination** against people with disabilities including people with mental health conditions through social and behaviour change communication. Nearly three quarters of respondents have reported an improvement in the use of positive disability language, and many reported an improvement in their involvement in decision-making at the family and community level. Four grantees focused on **advocacy**, with activities to ensure participation in planning processes of the District Medium Term Development Plan and to access available social services. Through rights-based advocacy, participants were empowered to initiate and undertake advocacy actions within their communities, such as using community radio programmes.



In 2022 we launched a final **Legacy and Sustainability** grants round to harness the unique contribution and strengths of small and grassroots organisations, by strengthening their capacity to bring about sustainable change in people's lives. We funded 4 Disabled People's Organisations and Women's Rights Organisations for 12 months.

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**Supported SHGs and community volunteers** to reach 16,906 people (9,942 women) through their activities in 2022, including over 3,000 home visits, 55% of which were to women. These visits ensure that people with mental health conditions receive basic mental health and psychosocial support.



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**Produced a video documentary on the implementation of the Ghana Accessibility Standard for Built Environment and Government Agenda 111 programme.** The documentary features testimonies of several people with disabilities and is being used to raise awareness on the Ghana Accessibility Standard and advocate for its implementation, alongside an advocacy toolkit. The documentary has been shown on six television stations, including UTV, GTV, TV3, Metro TV, Joy News and City News. Many other videos are available via the Ghana Somubi Dwumadie [YouTube channel](#).



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Ghana Somubi Dwumadie (Ghana Participation Programme) is a four-year disability programme in Ghana, with a specific focus on mental health. This programme is funded with UK aid from the UK government. The programme is run by an Options' led consortium, which also consists of BasicNeeds-Ghana, Kings College London, Sightsavers and Tropical Health, and focuses on **four key areas**:

- **Promoting stronger policies and systems** that respect the rights of people with disabilities, including people with mental health disabilities
- Scaling up high quality and **accessible mental health services**
- **Reducing stigma and discrimination** against people with disabilities, including mental health disabilities
- Generating evidence to **inform policy and practice** on the effectiveness of disability and mental health programmes and interventions



**For further information please contact us:**

Email: [info@ghanasomubi.com](mailto:info@ghanasomubi.com) | Website: [www.ghanasomubi.com](http://www.ghanasomubi.com)

Address: No.6 Asoyi Crescent, East Legon, Accra

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