



Investing in Homa Bay County's family planning programme



Background

Homa Bay County is a county in the former Nyanza Province of Kenya and is part of Lake Region Economic Bloc. Its capital and largest town is Homa Bay. The county covers an area of 3,154.7 km² and has eight administrative sub-counties: Homa Bay Town, Kabondo Kasipul, Karachuonyo, Kasipul, Mbita, Ndhiwa, Rangwe and Suba. The main ethnic communities are the Luo and Abasuba people in Homa Bay, who make up at least 95% of the county's population. Other ethnic groups include the Kisii, Teso, Banyore, Bukusu and Samia communities.

The county has a total of 386 health facilities^{3a}, with a coverage of 3.1 health facilities per 10,000 population above the World Health Organisation's (WHO) recommended ratio of 2.0. It has a core health workforce density of 14.2 core health personnel per 10,000 citizens, which is lower than the WHO's recommended of 23 health workers^{3b}.

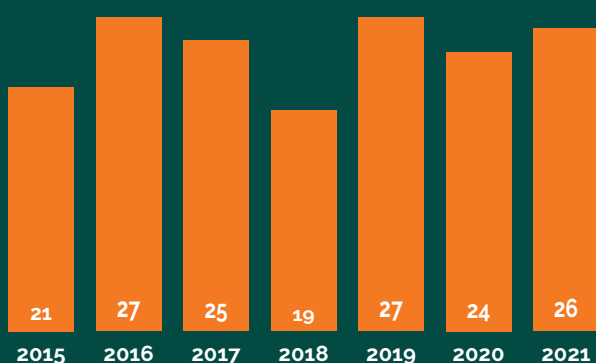
In terms of service provision, 87% of the facilities in the county offer family planning services. 36% of the facilities don't have all the family planning tracer commodities which include blood pressure

Social statistics

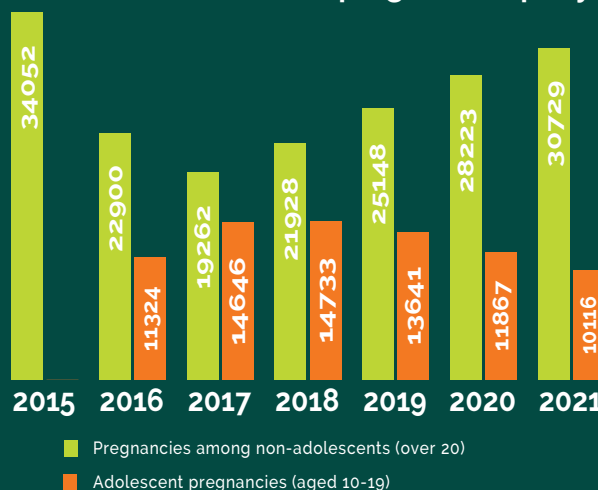
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|---|---------------------------------------|-----------|
| Population (2022) ^c | Total | 1,244,597 |
| | Male | 603,437 |
| | Female | 641,163 |
| | Women of Reproductive age (15-49 yrs) | 296,631 |
| | Adolescents 10 - 14 yrs | 200,380 |
| | Adolescents 15 - 19 yrs | 150,596 |
| Total fertility rate (number of children per woman) (2019) ⁶ | | 3.6 |
| Absolute poverty rate (2015) ⁷ | | 34% |
| % Distribution of population aged 15 years and above with ability to read and write (2015) ⁸ | Male | 92% |
| | Female | 81% |
| | Total | 86% |

apparatus, combined oral contraceptive pills, progestin-only contraceptive pills, Injectable contraceptives and condoms^{3b}.

Number of maternal deaths per year



Number of adolescent pregnancies per year



10

maternal deaths could have been prevented through family planning in 2021¹

2/5

pregnant women were adolescents in 2021²



To tackle both maternal deaths and teenage pregnancies, more investments in family planning are required.

Benefits of investing in family planning²

1. Health benefits

- Lower number of unintended pregnancies
- Decline in unplanned births
- Reduction in unsafe abortions
- Decrease in maternal deaths

2. Social and economic benefits of healthier birth timing and spacing

- Increase infant survival rates
- Improvement in children's health, education and wellbeing
- More savings as well as a higher household income and gross domestic product per capita as a result of women's economic participation
- Attainment of the demographic dividend

To reap these benefits in Homa Bay county:



More women need to be reached with family planning services



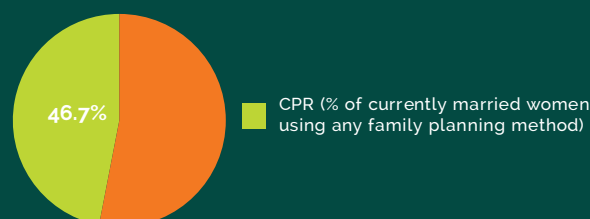
Counselling on and sensitisation to long acting family planning methods must be provided to increase the uptake of long acting methods



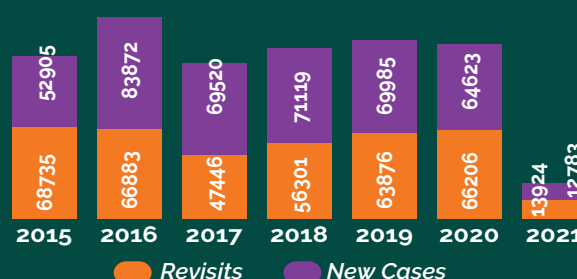
More domestic financing for family planning is required

The status of family planning access and funding in Homa Bay county

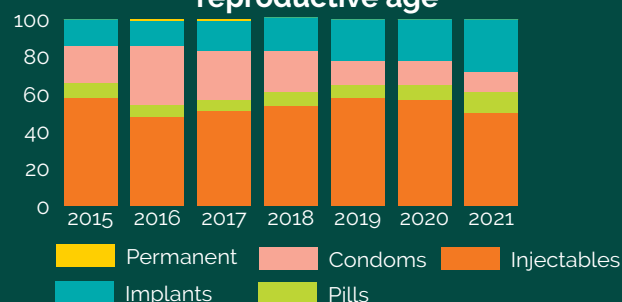
Contraceptive prevalence rate (CPR 2014)⁹



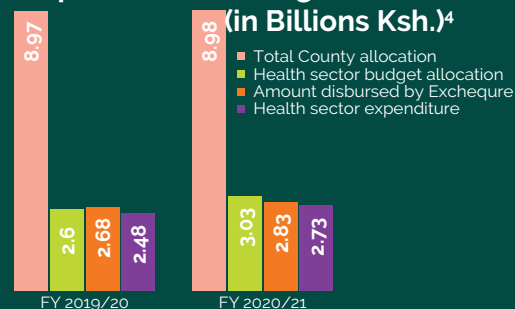
Family planning service uptake*



Family planning method mix among women of reproductive age*



Comparison of funding needs and disbursements (in Billions Ksh.)⁴



References

- * Data from Kenya Health Information System as of April 2022
- ² Ahmed, Saifuddin et al, Maternal deaths averted by contraceptive use: an analysis inequality trends and diagnostics in Kenya 2020 of 172 countries, The Lancet, Volume 380, Issue 9837, 111 – 125
- ³ Starrs A, Ezech A, et al, Accelerate progress—sexual and reproductive health and rights for all: report of the Guttmacher–Lancet Commission, The Lancet, vol. 391, issue 10140, (2018), pp: 2642–2692, Published by Elsevier
- ^{3a} Kenya Master Health Facility List (KMHL). ^{3b} Kenya harmonized health facility assessment 2018/19 (KHFA)
- ⁴ County Government budget implementation review report 2018/19, 2019/20 & 2020/21.
- ⁵ KNBS, 2019 Kenya population and housing census.
- ⁶ KNBS, Analytical Report on Fertility and Nuptiality, Volume IV, 2019.
- ⁷ KNBS, Inequality trends and diagnostics in Kenya 2020; Absolute poverty rate is defined as the inability for a household, family or person to meet basic needs including food, shelter, safe drinking water, education and healthcare.
- ⁸ KNBS, The 2015/16 Kenya integrated household budget survey (KIHS) reports
- ⁹ Kenya demographic health survey 2014